

Your project and the POPP Desired Outcomes



These notes introduce the Desired Outcomes of the Dorset POPP in more detail, and give examples of ways in which the POPP Partnership expect your POPP-funded project may be contributing towards these outcomes. (You may have other examples – we don't just want to hear about these!)

Please re-read and use this document when completing section 4 of your 6-monthly report form.

The Dorset POPP Desired Outcomes are that Older People in Communities...

1. ...have housing suitable for individual needs

So please tell us about any ways in which someone now has a home that is easier and safer for them to live in - and the part your work / POPP played in this outcome. For example this could include:

- additions having been made to their home (e.g. assistive technology, hand rails, stair lifts, gadgets, smoke alarms fitted, fall alarms used),
- help received with maintaining the house / garden,
- reduced hazards, e.g. as a result of a home safety check from Dorset Fire and Rescue
- enabling/facilitating a move to more appropriate accommodation (this might be a move into extra care / supported housing, if this is right for that person).

2. ...are socially integrated and not isolated

So please tell us about any ways in which someone now feels more integrated or included within their local community, and/or is now able to find help when they need it -and the part your work / POPP played in this outcome. For example this could include:

- Support for someone from a particularly isolated group, e.g. isolated by age, ethnicity, lifestyle, where they live, who they care for etc
- Making it easier for someone to get out and about, and be mobile, e.g. solving transport/mobility problems
- Encouraging / enabling someone to have participated in new activities, such as computer lessons, art classes, lunch clubs, meeting people socially
- Enabling someone to access independent information and advice, e.g. provided leaflets, enabled access to the internet etc

(Your project and the POPP Desired Outcomes Contd.)

3. ...are making a positive contribution and experiencing fulfilment as a result

So please tell us about any ways in which someone has become more involved in their local community, and any difference this has made to them - and the part your work / POPP played in this outcome. For example this could include:

- Someone getting involved in helping to deliver a project funded through POPP (e.g. as a volunteer or employee), and the difference getting involved in this way has made for them
- Someone becoming an employee or volunteer for another organisation or project, as a result (or part result) of their involvement with your work / POPP.

4. ...feel secure and safe

So please tell us about any ways in which someone now feels more safe and secure, and the part your work / POPP played in this outcome. For example this could include:

- Enabled access to advice from local police / other services, about personal safety, or home security – and the difference this advice has made
- Changes to how their neighbourhood feels, e.g. more 'community spirit'

5. ...feel free from discrimination

So please tell us about any differences people you've worked with have experienced or noticed, in terms of attitudes about themselves or others - and the part your work / POPP played in this outcome. For example this could include:

- Someone feeling less discriminated against because of their age, gender or other factor
- Someone within the community (including service providers) changing the way they perceive other people, becoming less discriminatory in attitude.

(Your project and the POPP Desired Outcomes Contd.)

6. ...feel financially secure

So please tell us about any ways in which someone now feels more financially secure, and the part your work / POPP played in this outcome. For example this could include:

- Enabled access to financial information and advice, and the difference this has made (e.g. to skills / confidence in money matters)
- Support that has enabled access to new benefits or grants, and the difference this has made

If possible / appropriate, please include the total amounts saved (balancing changes to income and expenditure) for this person.

7. ...are in good health in mind and body (can breathe, eat, walk, sleep etc)

So please tell us about any ways in which someone now feels healthier, and can breathe, eat, walk, sleep etc more easily - and the part your work / POPP played in this outcome. For example this could include:

- The part played by POPP in linking someone with health services and professionals, such as community matron or mental health team – and what the outcome of this link has been.
- Also if someone was referred by the Community Matron or Mental Health team to POPP, how has POPP helped this person?
- Has this person changed their use of services through help from POPP, e.g. avoided x number of visits to the GP, or received an increase in homecare / respite care that has avoided the need for them to go into residential care? Or has support through POPP enabled someone to come home quicker from hospital, and if so, how much quicker?
- Someone having been encouraged/enabled to participate in physical exercise through POPP
- Advice/support having been received about general health, e.g. eating habits, medication
- People feeling e.g. less likely to fall, or less likely to get depressed - and how POPP helped here.

(Your project and the POPP Desired Outcomes Contd.)

8. ...have dignity, choice and control throughout their life, especially towards the end (ranging from e.g. choosing whether or not to get the bus / choosing where to die)

So please tell us about any ways in which someone now feels more in control of their life, or feels they have more dignity and/or choice - and the part your work / POPP played in this outcome. For example this could include:

- *Direct Payments, or Individual Budgets, taken up as a result of support from POPP - what was the outcome of this, i.e. how did the person use their Direct Payment or Individual Budget, and how did POPP help in accessing / using it?*
- *Someone feeling they have more choice or control e.g. because through POPP they've been enabled to use the internet to shop, look up information, or because local transport services have been improved etc*